

Power/Ashtanga Yoga Class



'Where strength and flexibility meet'

Small Group Classes
Drop in FEE \$16.00

GREAT PRICE

Sign up **NOW!!!**
Space is limited

PTC Gym Class
Wednesdays
January 27th – March 3rd
4:00pm-5:15pm

with Toni Padgett

- certified in Ashtanga/power yoga
- group fitness instructor
- certified personal trainer

for more info-call or email
678-793-7282

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