

Small Group Training



Are you worried about hurting yourself?

Do you want a workout program that gets results?

Do you need accountability?

Do you want to learn the proper way to workout?

If you answered yes. Call me

Beckie Bell 770-363-4816

E-mail beckiebell10@att.net

Times: 10:00-11:00

Days: Tues & Thurs

Place: World Gym in Fayetteville

Cost: \$160-Members \$259-non-members/ 8 sessions

