

Note: To book your sessions, you must first join the program with the Director of Training. Visit www.myiclubonline.com to register and gain access to scheduling. You may schedule your Boot Camp sessions up to two weeks in advance but must do so 24 hours prior to your session. Thank you for being a part of World Gym Boot Camps!

Boot Camp Schedule – March 2018

Time	M	T	W	TR	F	S
5:15am		BC	BC	BC		
6:15am	BC		BC		BC	
9:15am	BCF	BC	BCF	BC	BCF	BC
10:15am	BC		BC		BC	BC
4:30pm	BC		BC			
5:45pm	BCF	BC	BCF	BC		
6:45pm	BC		BC			

CLASS SCHEDULE KEY:

BC = Boot Camp (@ PTC)

BCF = Boot Camp Foundations (@ LEX)

