



## 2018/2019 Holiday Class Schedule

**Monday, December 24<sup>th</sup>: NO CLASSES or CHILDCARE**  
**Both locations open 7AM- 3PM**

**Tuesday, December 25<sup>th</sup>: NO CLASSES** (Both locations closed for Christmas)

**Wednesday, December 26<sup>th</sup>:**

**Commerce:**

8:15am Cycle- Bryce  
9:30am WG Mix- Karen D  
9:30am Extended Boot Camp- Heidi & Anthony  
10:30am Zumba- Mike

**Lexington:**

8:30am WG Step- Tamara  
9:15am Absolute Barre- Amber  
9:30am Ball Blast Muscle Challenge- Natalie  
9:30am Aqua- Lisa G  
10:30am Yoga (75 mins)- Natalie

**Monday, December 31<sup>st</sup>: NO CLASSES or CHILDCARE**  
**Both locations open 7AM- 3PM**

**Tuesday, January 1<sup>st</sup> 2019:**

**Commerce:**

8:15am Rhythm & Grove Cycle- Anthony  
9:30am WG Mix- Karen D  
9:30am Extended Boot Camp- Anthony & Heidi  
10:30am Yoga (75 mins)- Sonya

**Lexington:**

8:30am WG Step- Linda  
9:30am Muscle Challenge- Amy  
10:30am Aqua- Margaret  
10:45am Absolute Barre- Amy

