

Baseline Coupons to TRY class in the month of October

BASELINE COUPON

One FREE Baseline Class

Redeemable at either Commerce or Lexington location

Monday/Wednesday 9:15am Commerce

Monday/Wednesday 6pm Lexington

Saturday 9:15am Commerce

One coupon per person please

Coupon Expires: Oct 31st, 2018



Use this coupon to TRY a Baseline class FREE!

Monday/Wednesday 9:15am at Commerce

Monday/Wednesday 6pm at Lexington

Saturday 9:15am at Commerce

To try class please contact Amy at amym@worldgymfayette.com or
Stephene at stephenec@worldgymfayette.com

NEW!  **WORLD GYM**

Baseline Program

This program is for everybody and every BODY! Let certified World Gym trainers help you get stronger and increase your stamina while preventing injury and progressing at your own pace!

MISSION

- TOTAL BODY WORKOUT
- BREAKDOWN OF COMMON EXERCISES
- MONTHLY ASSESSMENTS TO KEEP YOU ON TRACK
- INJURY PREVENTION THROUGH EDUCATION OF PROPER FORM



\$89
4 week
Small Group

Sign up at the Front Desk, payment required upon reservation
(Min of 6 participants, Max of 10 participants)

For more information:
(770) 631-8004 or
amym@worldgymfayette.com